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PASSAGE

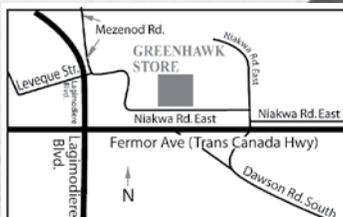
THE NEWSLETTER OF
DRESSAGE WINNIPEG

2008
SPRING ISSUE

GOOD LUCK TO ALL COMPETITORS!

“CHAMPIONS
ARE MADE FROM SOMETHING
THEY HAVE
DEEP INSIDE
THEM -
A DESIRE,
A DREAM,
A VISION”

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Notes from the board

THE 2008 show season has a new look with the Bronze, Silver, Gold and Platinum levels introduced this year by Equine Canada. Dressage Winnipeg has chosen to offer Bronze and Gold level shows, equivalent to the former Primary and National level shows. Since the first release of the new levels and associated fees in November, your Board has been very actively pursuing changes to the system originally proposed. To our satisfaction, Bronze level shows were increased from 1 to 3 days and the requirement for Bronze level competitors to become an affiliate of Dressage Canada was withdrawn.

The Board opposed the introduction of the \$7.00 levy assessed all show competitors and has again submitted its objections to Dressage Canada. We know that the costs associated with competing — owning/leasing a horse, coaching lessons, trailering, show entry fees, etc. — make it prohibitive for most riders to make it into the show ring. A very small percentage of riders who take lessons week in and week out compete in the show ring. This tells us that we should be doing everything possible to encourage more riders to show. The purpose of the levy is rider development, but it actually makes it more difficult to participate in a very important component of rider development — competing in the show ring! The Board will continue to work on this issue on your behalf.

While the development, review and production of the 2008 Prize List has occupied much of our time, the Board also supported the organization of another demonstration clinic with German judge, coach and rider Irene Schweckendieck. Riders in Training, First, Second, Third and Intermediate 1 Levels rode two or three movements from tests at each level. Irene gave a mark to each movement, then worked with horse and rider combo's to improve the movements and their scores. This was no cookie cutter clinic. As each horse and rider entered the ring, Irene — having never seen either rider or horse prior to the evening's demonstration — assessed each ride and gave specific feedback to help each one improve. A BIG THANK-YOU to Melissa Bosma, Lauren Townsend, Sarah Biron, Anoosh Shinnan, Ana Maria Venezuela, Elaine Banfield and their riding partners. You helped all of us learn. The evening was capped off with a special treat: a musical freestyle performance by Elaine Banfield and her 28-year-old partner Earl Grey who rode without a bridle.

The Board hopes to organize more of these clinics to the benefit of all — the riders who so graciously agree to put themselves on display as well as those who come to watch and learn. In the meantime, on behalf of the Dressage Winnipeg Board of Directors, good luck, good riding and enjoy the show (season)!

Editor's bit

ANOTHER year, another show season is upon us. Another year of coaxing your horse onto the trailer before your head off to the show grounds. Another year of coaxing your horse back onto the trailer to head home after the show.

Another year of hauling tack in the backseat or trunk of your car. And make sure you don't forget your bridle before you leave home. It's easy to remember to bring a bag of carrots for your smart and sassy equine partner. But it could be a little annoying to realize you forgot your helmet. Oy!

What else is there... oh yeah... don't forget the fly spray, otherwise your horse will never let you forget it, especially when the two of you are in the show ring.

Another year of braiding your horse's mane for a show. You keep hoping it gets easier each year to braid the mane but it's still a challenge, especially when you can't remember how the heck that braiding technique works... you know... the one involving yarn.

Another year of battling the butterflies before you and your horse enter the show ring. Another year of making sure your caller reads the correct test for you in the show ring. But if you like to memorize your tests, it's another year of hoping your brain doesn't freeze up and you forget what the next movement is. Thank God the judges are understanding about that. You'll lose a mark for that movement, but they're a forgiving bunch.

And it's another year of hoping you and your horse improve on your marks from the judges.

Another year of hopes, dreams and frustrations.

There's a reason you love riding. There's a reason you love hanging out with your horse. There's a reason you're willing to put you and your horse out into the show ring in front of a judge.

Remember what those reasons are.

But DON'T FORGET to have FUN.

Have a great show season, folks!

Kittie Wong, editor

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2008 competition dates

around the province and south of the border :

DRESSAGE WINNIPEG

May 3 & 4

Dressage Winnipeg
Spring Flowers
Bronze & Gold
Competitions

June 14 & 15

Dressage Winnipeg
Capt. DeKenyeres Memorial
Bronze & Gold
Competitions

July 19 & 20

Dressage Winnipeg
MidSummer Madness
Bronze & Gold
Competitions

Sept 6 & 7

Dressage Winnipeg
Autumn Classic Bronze
Competition & Gold
Manitoba Provincial
Championship Competition

ADDITIONAL DW NOTES:

Western Regional Championships will be held Sept. 13 & 14 in Red Deer, AB. Dressage Winnipeg is encouraging riders to qualify for the Regionals, and we will be forming a group of riders to go together to represent Manitoba at the Championships! (Travelling assistance may be available). Stay tuned for more details, and put that date on your show calendar if you think you may qualify!

Note that for 2008, we are changing the format of our shows to fit the new Equine Canada/Dressage Canada Competitions System format. A Bronze show (equivalent of Primary shows) will be held over two days and a Gold show (equivalent of National) will be held over two days.

There will be many changes this year due to the new system, so stay posted and we will keep you up-to-date and offer full details in the

2008 Prize List.

2007 Dressage Rules are still in effect and are available for download from www.dressagecanada.org. (substitute Bronze & Gold for Primary/National in the terminology). There are new General Regulations for 2008 and those are available from www.equestrian.ca (Note that Amateur status must be applied for now per new General Regulations and criteria).

Dakota Dressage & Eventing

This is a group member organization of the United States Dressage Federation. Their members stretch across the Dakotas. They sponsor horse shows, clinics educational events, dressage camps and more in their region.

Here are their 2008 dates as follows:

June 7 & 8, Huron, SD

INDOORS! NAJYRC qualifier, USDF Breeders Championship qualifier, and Dressage classes Intro – Grand Prix; two show numbers! Judges are Lilo Fore and Marlene Schneider.

July 19 & 20, Bismarck, ND

USDF Breeders Championship qualifier, and Dressage classes Intro – Grand Prix; two show numbers! Judges are Maryal Barnett and Peggy Klump.

September 20 & 21, Huron, SD

INDOORS! USDF Breeders Championship qualifier & FINALS, and Dressage classes Intro – Grand Prix; two show numbers! Judges are Jayne Ayers and Kristi Wysocki.

Upcoming up clinics:

USEF "S" judge and sport horse breeding judge, **Debbie Riehl-Rodriguez** will be in Bismarck, ND, May 10 & 11 – contact Karla Stanley to sign up. prtc@btinet.net or call 701-222-0148.

USEF "S" judge, trainer and competitor **Tracey Lert** will be in Huron, SD, Aug. 16 & 17 – contact Joann Messersmith to sign up. MessersmithJK@teamTSP.com or call 402-639-3575.

For more info:

www.DakotaDressageAndEventing.org

Westman Cadora

Westman Cadora in Brandon will be running:

May 24 & 25

Westman Cadora
Spring Fling Show

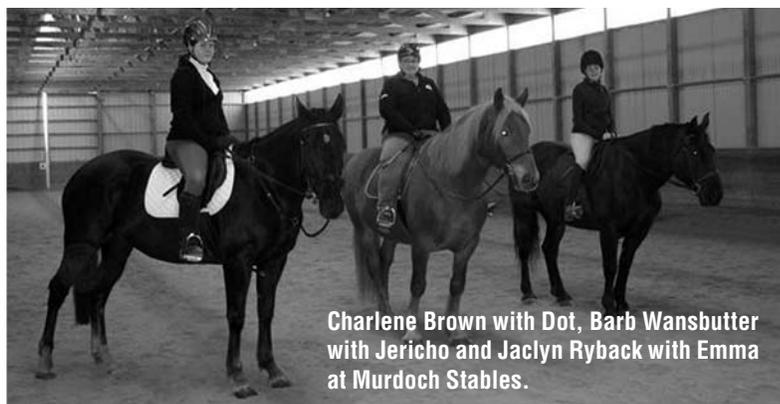
June 21 & 22

Westman Cadora
Summer Classic Show

Aug 9 & 10

Westman Cadora
Touch of Class Show

For more info, go to www.westmancadora.com



Charlene Brown with Dot, Barb Wansbutter with Jericho and Jaclyn Ryback with Emma at Murdoch Stables.

Travelling Schooling Shows

DW hosted 3 Travelling Schooling Shows in early spring.

The competitions were held at Mudoch Stables, Pine Air and Springfield Stables. Although the entries were fairly small, the enthusiasm of the participants was not. The three high-point champions were

Barb Wansbutter, Kathryn Sinclair and Sandra Hobday. Many thanks to Paula Johns and Ashley Fudge for assisting me in making these shows a success! If you want to find out more about this program, please contact Liane @ 444-2805.

— Lianne Parker

CLASSIFICATIONS OF SHOWS – DEFINITIONS:

BRONZE COMPETITIONS:

Bronze competitions are comparable to Primary shows under the previous system. They are now sanctioned by Equine Canada.

Riders must be members of:

- Dressage Winnipeg (or temporary membership),
- Manitoba Horse Council (or temporary membership, required for insurance coverage purposes)
- Equine Canada Bronze Sport License (\$20)

Your horse:

- Is NOT required to have Equine Canada identification (passport)
- The horse's owner must be a member of Manitoba Horse Council for insurance purposes

Show results are NOT submitted to Equine Canada or Manitoba Horse Council. You ARE eligible for Dressage Winnipeg Awards.

Dressage Winnipeg understands that the Bronze Sport License, the Dressage Canada \$7 levy and drug testing fees are additional fees for competitors under the new system, so we have decided to waive the Mandatory Tack Stall and make tack stalls optional for competitors (as long as aisles are still kept clear to comply with fire and insurance regulation — NO tack, feed or other storage in the aisles, you will have to keep tack and feed out at your truck or trailer or in your stall if you choose not to use a tack stall) and to reduce the administration fee on entries to \$15/show weekend for 2008 in order to assist competitors in upgrading from Primary to Bronze shows in the new system.

GOLD COMPETITIONS:

Gold competitions are comparable to National competitions under the previous system. They are sanctioned by Equine Canada.

Riders must be members of or have:

- Dressage Winnipeg (or temporary membership),
- Manitoba Horse Council (or temporary membership, required for insurance coverage purposes)
- Equine Canada Gold Sport License holder (or temporary)
- Dressage Canada (Junior or Senior, not just Affiliate)

Your horse must have:

- Equine Canada Horse Identification (passport)
- The horse's owner must have an Equine Canada Sport License
- The horse's owner must be a member of Manitoba Horse Council for insurance purposes

Show results ARE submitted to Equine Canada and Manitoba Horse Council.

You are eligible for Provincial Awards, Dressage Canada National Gold/Silver Awards, Lauren Dilanni Award for Freestyles, the Dressage Canada Eight Program, as well as for Dressage Winnipeg Awards.

Both Bronze and Gold competition entries are required to follow EC MEDICATION CONTROL RULES (FOR RIDERS) and EC DRUG RULES (FOR HORSES). Entries in both types of show pay a drug testing fee and may be subject to drug testing on a random basis during competitions.

Watch for more details in the Prize List.

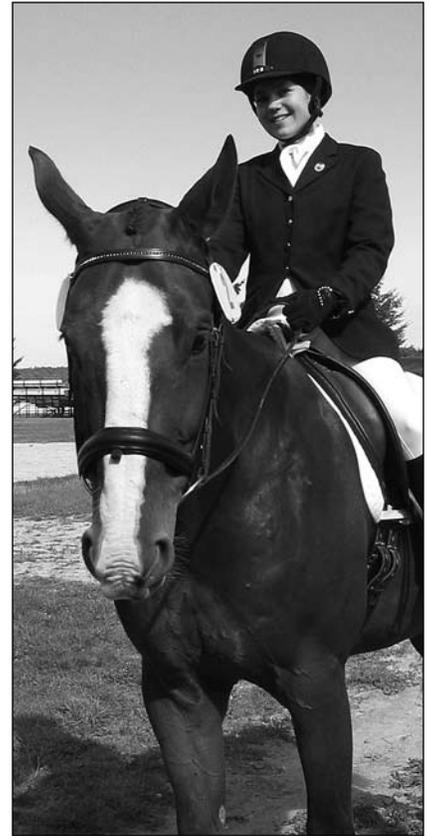
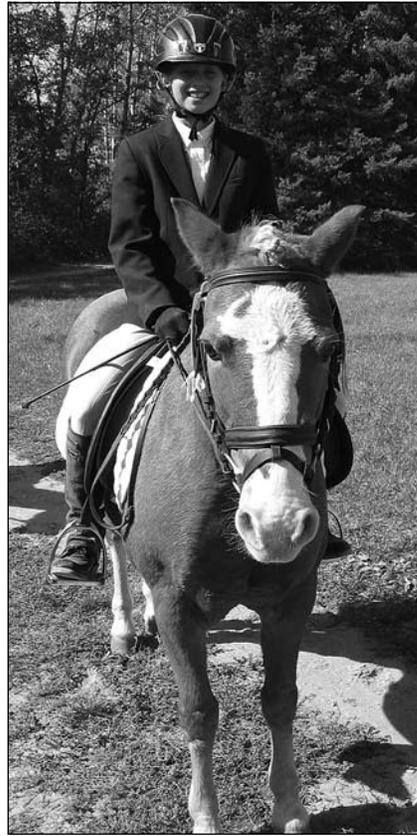
Sign up for your memberships and get your Bronze or Gold Equine Canada Sport License early, don't leave it till just before the May show!

AWARDS



BARB WANSBUTTER PHOTO / DW ARCHIVES

A big hearty congratulations goes out to **Wendy Wotton Dryburgh** and her horse, **Liebe**. They each earned bronze awards for the 2007 Dressage Canada rider and horse achievement awards.



KITTIE WONG PHOTOS / DW ARCHIVES

2007 De Kenyeres Scholarship recipients (from left to right): Taylor Wakeham, Alicia Enns and Rachel Kilgour.

The De Kenyeres Junior Rider Development Fund 2008

Dressage Winnipeg is pleased to announce that their scholarship competition will be offered again to junior riders who are members of DW for the year 2008.

Riders aged 12-18 (January 1 2008- December 31 2008), who have not won any prior De Kenyeres scholarships, are eligible to compete for one of three scholarships, which will provide funding of \$500 for lessons or clinics with a certified coach of the rider's choice.

RIDERS MAY ENTER THIS SCHOLARSHIP COMPETITION BY:

1. Filling out a De Kenyeres entry form and paying a program fee of \$5.00.
2. Competing in a Dressage Seat Equitation class at any of the first 3 DW dressage shows of 2008. These classes will be held on Saturday of their first three DW shows. These classes will be judged by the judge of the regular show. The fee for these classes is \$20.00 per entry, as they are part of our regular shows. (Riders may enter more than one equitation class at a cost of \$20.00 per/show, if they wish to try and possibly improve their score for the selection

process for the September final class. Their highest score in any equitation class will be used in the selection process.)

If the rider is not entering the DW show except for the equitation class, they may bring their horse to the show for the day, but will not be assigned or have to pay for stabling. A \$ 10.00 office fee, for the show office, will still be paid, and the horse will be assigned a number for this class, which it must wear while on the grounds. The horse, in this case, may not be tied to a vehicle or trailer, to a tree, to a fence, or to any building or part thereof. The horse must be lead and or held by the rider, or owner or their helper, when the rider is not mounted.

3. Writing an essay. **Topic: "Possible Solutions To My Riding Difficulties."**

The essay must give details about 2 specific problems that the writer recognizes they have when working with their horse on dressage skills. Then, the writer must use two or more references, such as books, magazines, or internet information, to suggest methods to improve their areas of difficulty. These references must be footnoted and listed in a bibliography as well. If internet information is used,

a copy of the article or material from the internet must be included with the essay. (Length not to exceed two type written pages double spaced.)

Scores will be awarded to riders in De Kenyeres equitation classes (20% of final score) and for the essays submitted by the participant (20% of the final score). The top 10 highest scoring riders (based upon the essay scores and the preliminary equitation class scores) will compete in a special De Kenyeres equitation class (60% of final score) for the scholarship at the September, 2008 DW dressage show at Bird's Hill Park. Essays must be submitted to the education coordinator for Dressage Winnipeg prior to August 11, 2008. Riders, with their horses, in the final class will be photographed for our news publications. If these riders wish to submit a similar photo taken prior to the show, these should be given to the coordinator prior to the final class.

De Kenyeres Fund Coordinator:

Merelyn Hunkin
Box 206, Oakville Manitoba
Phone: 1-204-267-2889.
Email: chunkin@mts.net

De Kenyeres Junior Rider Development Fund Entry and Waiver Form

Rider Information:(To be accompanied by a fee of \$5.00)

Name: _____

Address: _____

Birth date: _____ Phone Number: _____

Email Address: _____ MHC#: _____

Membership(Name of Club and #) _____

Parent's Name(s): _____

Address:(If different from rider's) _____

Signature of Parent(s): _____

Dated this _____ day of the month of _____ in the year _____.

I, _____, by signing the above, allow my child to enter the De Kenyeres Scholarship competition, and acknowledge that equestrian sports are a high risk sport and involve inherent risk, and that although my child _____, will be wearing an ASTM(American Society for Standards Testing Materials) approved helmet, displaying the SEI(Safety Equipment Institute) seal, whenever mounted at any show holding a de Kenyeres equitation class, acknowledge that no protective headgear or equipment can protect against all foreseeable injury. I further acknowledge the risks in riding and working around horses, and that these risks can include bodily injury to both horse and rider resulting from normal use, riding and competition.

In consideration, of being allowed to participate in the de Kenyeres program, I hereby assume all risks, and release and absolve the organizing committee of Dressage Winnipeg, their officials, volunteers, officers and directors, of all responsibilities, liabilities or claims of any nature and kind which may arise from my child's participation in this program(including but not limited to bodily injury or death to my child, and his or her mount, and damage to property from any cause whatsoever, including the neglect of one or more of the individuals or organizations mentioned.)

Horse Information:

Name: _____ Age & Gender: _____

Owner's Name: _____

Owner's Address: _____

_____ MHC#: _____

Signature: _____ Date Signed: _____

By signing the above, I _____ the owner of _____, acknowledge that my horse may be used by this rider during any and all de Kenyeres equitation classes in the year _____.

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For 30 years, Elaine has made her life study and passion the art of dressage riding and teaching. Elaine began riding at the age of seven, competing at the age of 10, teaching and training for clients by the age of 15 and making a living with horses at age 18. Elaine has worked with all types of horses and riders, all types of conformation, temperament and skill. She has taught, trained and ridden in England, France, Canada and the U.S. She has found that all horses and riders can benefit from dressage training.

Elaine can teach and perform the riding skills needed to produce a free-moving and relaxed horse at all levels. Being an active trainer herself, Elaine realizes that riders need to make the most of their practice sessions. For each horse and rider, she selects exercises and training regimes from her extensive international experience to increase performance and the joy of riding.

Dressage, Equitation, Horsemanship

DEGREES AND CERTIFICATIONS

- Equine Science Diploma, Humber College, Toronto
- British Horse Society: Horsemaster's and A Level Instructor, Harrogate Yorkshire, England
- Employment at Spruce Meadows, Calgary, Alberta
- 1990 Granted "Elite Rider" status
- 1993 Certified Canadian Equestrian Federation Coach Level II D

- 1993, 1995 Canadian National Awards Program: Bronze Advanced Dressage Award
- 1995 Coach of the Year
- 1996, 1999, 2000 Captain DeKenyeres Advanced Level Dressage Trophy
- 1997 Certified Canadian Equestrian Federation Dressage Judge, currently 'M' level
- 1998 Canadian National Dressage Championships; 4th Prix St. George and Intermediate I

- Trophy; Single highest dressage percentage for the year, Provincial Champion Prix St. George and Intermediate I; Declared rider for the Pan Am Games
- 2001 Dressage coach of the year
- 2003 Evaluated and recommended Level III Dressage Coach
- Extensive training with the Canadian Olympic Team riders/Trainers

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wishes all Dressage Winnipeg competitors
the best for the 2008 show season

ALTHOUGH Old Man Winter has been taken his time in leaving to make way for spring, the dog days of summer are just around the corner — that means we have to be diligent about heat and our horses.

Considering we live in the Prairies, one would think that our summers are pretty dry. Not so. We get our fair share of hot and humid days. Once the heat wave is upon us, both horse and rider need to take care in not overdoing it during a training session or a competition. Understanding what heat can do to humans and horses goes a long way in preventing heat stress.

We have to make sure we are not overworking our horses during those hot and humid days.

Some of the clinical signs of heat stress or heat exhaustion include dehydration, muscle tremors, heavy sweating or anhidrosis (lack of sweating), weakness/stumbling, rapid breathing and rapid heart rate.

Heat stress is triggered by a combination of hot and humid weather, overexertion, heavy sweating or poor ventilation.

On the days that are warm and dry, the horse has no problems with regulating its body temperature. Once the temperature gets higher AND humidity is introduced into the mix, things get interesting. Problems start when the horse is unable to effectively regulate his body temperature via respiration and evaporation of sweat from his body.

Sweating is the horse's natural way of releasing body heat. Approximately 80% of the energy a horse creates during exercise and work is released as sweat.

According to the United States Eventing Association, a horse can sweat away nearly 15 litres of water and electrolytes in an hour in very hot weather. If more than 15 litres of fluid is released, the horse might be considered dehydrated. A loss of more than 34 litres of fluid through sweating can be fatal.

The heat is (or will be) **ON**

*Yes, it's spring,
but will you and your horse
be ready for those hot
and humid summer days?*

By Kittie Wong

What can you do to **PREVENT** your horse from experiencing heat stress? There are a number of things that can be done:

- Whenever possible, ride your horse during the cooler hours of the day (i.e. morning or evening). If that is not possible, keep your training sessions short and stress free as possible. Keep a watchful eye on your horse's reaction and interaction with you throughout your ride.
- Give the horse an electrolyte replacer an hour or two before going into the show ring.
- Make sure your horse has access to adequate water and a salt block at all times.
- Make sure the horse is not stabled in a hot and poorly ventilated stall. Use fans to help move the air around if necessary. For horses in the pasture, trees or a run-in shed can provide lots of shade.
- Know your horse's TPR – temperature, pulse and respiration. Knowing what the normal range is for your horse before and after exercise is helpful in spotting any changes in his vital signs that may indicate the onset of heat stress.
- Carefully acclimate your horse to work in hot, humid weather.
- Properly cool out your horse before putting him

back in his stall.

- Make sure your horse is physically fit and healthy. A fit and healthy horse adapts better to heat, has a more efficient cardiovascular system and therefore, a faster recovery heart rate. An overweight horse can have more problems with hot weather. The layers of fat make it tougher for the heat to rise to the surface of the horse's skin.

Yet, what do you do when your horse is overheated after a workout? Here are a number of things you can do:

- Move him to a shaded area.
- Take his TPR. If vital signs are abnormally high or if they have not

dropped after 10 minutes, call the vet. Also, check for dehydration and check CRT (capillary refill time).

- Hose cold water on his belly and underside.
- To cool down the blood circulation through your horse's body, use ice or cold water on the major blood vessels — i.e. the jugular veins that run down both sides of the neck and the veins on the inside of the front legs and back legs.
- Offer the horse tepid water to drink in small amounts.
- Hose cool to tepid water over the horse's back. Do not pour or hose very cold water over large, hot muscles and the back. Scrape the water off with a sweat scraper once the water is warm during the hosing. This will help transport the excess body heat. By not scraping the warm water away, the body heat has nowhere to go and it could end up raising the horse's body temperature. It's all about helping the horse cool off and rehydrate.

All the information presented here has been culled from web sites such as thehorse.com and Equusite.com. While these sites are just two of many containing a wealth of information, don't forget to consult your veterinarian or your coach regarding matters about your horse's health.

Keeping all these pointers in mind and using a little common sense will keep your horse happy during those sweltering days of summer.

Your horse's vital signs

TEMPERATURE

The normal body temperature is anywhere from 99–101°F. The most accurate way to take the horse's temperature is rectally. Plastic digital thermometers are great, easy to use and beep when it has done its job.

PULSE

For the adult horse at rest, the average pulse rate is 36-44 beats per minute (bpm). Anything higher than 50 bpm may mean the horse is in distress.

The horse's pulse can be located near the front of the of the left jawbone. Underneath it, there is a major artery that protrudes slightly. Using your forefinger (never your thumb), press against the artery firmly. Use a clock or watch to count the number of beats in a 15-second time period and multiply by 4 to get your horse's bpm.

If you have trouble locating the pulse by the jawbone, you could place your hand or use a stethoscope behind the horse's left elbow to take his pulse.

RESPIRATION

For the adult horse, the average respiration rate of an adult horse is 8-15 breaths per minutes. Respiration will increase with hot

and humid weather, exercise, fever or pain. The respiration rate should **NEVER** exceed the pulse rate. As well, the horse should spend equal amounts of time inhaling and exhaling.

To get your horse's respiration rate, watch or feel your horse's ribcage/belly for a minute. You could also count for a 15-second time period and multiply by four to get the respiration rate as well. One inhale and one exhale count as one breath. If there is a problem with watching the ribcage move, you could try watching your horse's nostrils or place your hand in front of the nostrils to feel the horse's exhalations.

Again, you can use the stethoscope by placing it to the horse's windpipe to listen to the breathing. This gives you the added advantage of listening for any unusual sounds in the windpipe.

OTHER THINGS TO CHECK FOR: PINCH TEST FOR DEHYDRATION

Pinch the skin on your horse's neck. If the skin goes back into place when you let go in less than a second, the horse is fine. If it doesn't, he isn't drinking enough water and is dehydrated. The longer the skin stays

pinched before it goes back into place, the more dehydrated he is.

CAPILLARY REFILL TIME (CRT)

An indicator of blood circulation, capillary refill time is the time it takes for blood to return to the horse's gum tissues after being pressed. To check CRT, lift your horse's upper lip and firmly press your thumb against his gums for three or four seconds. Release your thumb and there should be a white area that should return to colour within one or two seconds. If it takes longer than two seconds, it could be a sign of poor blood circulation or shock. If it's longer than three seconds, call the vet.

MUCOUS MEMBRANES

They line the body cavities that are exposed to the air — the nostrils, the lining of the eyelids and inside the mouth. The colour of the membranes is another indicator of the quality of blood circulation.

Pink: healthy, normal circulation

Very pale pink: could be a sign of anemia

Bright red: illness or fever

Dark red or gray or bluish colour: shock or poor circulation. Call the vet immediately.



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Good Luck to All the 2008 Competitors!



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Kimberly Elliott
and Unison

Getting ready, being prepared

A guide to entering a dressage show in Manitoba

Editor's note: This article was originally published in the 2002 spring issue of Passage. Written by former DW show secretary Irene Thomson, her observations, remarks and advice still hold up today for getting ready for a horse show. With a little bit of updating to the original text, we thought it wouldn't hurt to remind everyone about being show ready.

By Irene Thomson

ANOTHER show season is about to start and you have decided to take part. You may be a first timer or an old hand, whichever one you are, preparation is essential. You are going to have enough to think about at the actual show without dealing with disasters and traumas beforehand.

Being organized is the key to arriving at the show looking as if you know what you are doing!

The first thing to look out for is the prize list. If you do not receive one in the mail, contact one of the show committee members and they will ensure you receive one. Read the prize list carefully since it contains vital information such as show dates, basic rules, who are the judges and stewards, sponsors, how to get there, the layout of the facility with diagrams on where to park, where the show rings and show office are located and most importantly, where the washrooms are. Believe me... you will need them!

Now, take a good look at the entry form. Get a calendar or whatever it is you use to keep track of your activities. Mark the show dates, then mark the entry deadline. But don't stop there — mark the date by which you should be filling out the entry form and mailing it to ensure it gets to the show committee in good time.

Late entries can really mess up a show schedule. You might think "Oh, they can just slot me in," but what if several people think like that. A late entry can put an Order of Go completely out of whack. Unless there is a genuine reason, late entries are frowned upon.

OK, the dates are on the calendar. You now notice that your copies of your membership cards are required — Manitoba Horse Council, Dressage Winnipeg/Westman CADORA and Equine Canada. So, take a trip to your local photocopy store and copy them but not just once — they are required with all entries and how difficult is it to press three or four copies as it is to press one. You are at the copier anyway, it takes no time at all. Now you are thinking "Oh, I sent that info with my last entry, they can just look up the numbers."

Believe me, the less backtracking we have to do, the better. Also, although highly unlikely, how are we to know if in the meantime, you haven't been suspended by a club and your membership revoked? I know that it's hardly likely, but we have to cover ourselves.

Another thing you can do is extract the entry forms from the prize list and fill in the details that you are sure of. You are less likely to make a mistake and write legibly if you are not under pressure to get it done. Sit

Check list for shows

It's not everything you will need but you can personalize it.

- halter
- buckets
- lead rope / chain
- sponges / cloths
- bucket hangers
- travel wraps
- water carrier
- muck bucket
- fork
- shovel
- broom
- hay
- hay net
- feed
- straw (if required)
- shavings
- hose
- travel blanket
- stool
- cooler / clips
- saddle / bridle racks
- bridle
- saddle
- stirrup leathers
- stirrup irons
- girth
- lunge line
- lunge whip
- lunge surcingle
- side reins
- dressage whip
- vitamins / supplements
- electrolytes
- grooming kit
- shampoo
- Show Sheen
- fly spray
- tack cleaner
- First Aid kit for horse and rider
- boot polish kit
- needle & thread
- braiding bands
- tail wrap
- tape
- comb
- scissors
- gel
- clippers
- hole punch
- make-up (sorry guys)
- cellphone
- CAA membership card
- money
- bottled water
- food (for the humans)
- padlock / chain
- rule books
- kur tape
- kur test
- passport
- clock / watch
- lawn chairs
- cooler
- paper towels
- paper cups
- toilet paper
- sun screen
- bug repellent
- baby powder
- hand lotion
- safety pins
- mirror
- stock
- pin
- stock
- jacket
- shirt
- breeches
- hat
- gloves
- boots spurs
- boot pulls
- boot jack

down one evening with a coffee, hot chocolate or glass of wine and enter horse's name, your name, address, telephone numbers and membership numbers, owner's name if that applies.

These things don't change. You can even sign the back – it's always one less thing to do later. Take these along with your membership cards and copy them also.

It's quite difficult to read a scribbled-over entry form so the more care you take to write these out, the less chance there is of us taking in the wrong information. I know how upset people get when their horses' names are spelled incorrectly in the Order of Go.

Now, it is time to create a show folder. Put all your paperwork in it and put in a safe place until needed, forget it and go school your horse until "Fill in entry forms" shows up on your calendar.

When that date does pop up, it's time to enter the actual classes, these you will have already worked out with yourself or with your coach.

And then the part that hurts the most – calculating the cost and writing out the cheque. Take the time to send the correct amount of money. This saves us from having to ask for more money when you come to the show office and that's the last thing you want to be thinking about or perhaps you will require a refund. That takes time and paperwork and in the meantime, you are out of pocket. So – calculate your actual classes, add the administration fee, drug fee (if you are entering an Equine Canada sanctioned show), stabling and tack stall and any temporary memberships that may be required.

A word about tack stalls. If you decide to share with a friend on your barn, please decide amongst yourselves who is going to pay. We really appreciate one cheque to cover a tack stall and not have to keep track of who has paid for what.

Don't forget to state who you would like to be stabled next to. Half the fun of being at a show is being with your friends. If you need a shoulder to cry on or someone to celebrate with, at least they will be right next door.

Last, but not least, sign the back of the form. This is for insurance purposes and is required by the Manitoba Horse Council.

Post it, do not leave it on the car seat until the last gasp.

Time passes and the show is almost upon you. If you need to organize trailering, do it or check out your own trailer. Lights, brakes, tires, oil, fuel, and fill up the hay nets.

Are your horse's shots up to date? Do you need to call the farrier? Is your passport in order? Is your tack in good shape? Are your show clothes clean – your show coat isn't still at the cleaners, is it? Do you need to sew any buttons? Do you need to organize a friend to be your groom? Remember to trim your horse's mane, tail, fetlocks, etc. Don't forget your own hair – does it need a trim so that it will fit under your hat? All of these things can be done ahead of time.

Tests – have they changed from the previous year? Practicing a test and then discovering it has been changed from the previous year can seriously disrupt your concentration!

Check your tack box. Start a list of everything you think you will need at the show. This means the obvious – saddle and bridle – I know a few people who have arrived at a show without their saddle... I won't mention any names. But I can tell you that driving home to get it, or even worse, ride in one that you are not used to, causes a large amount of stress.

Pack the obvious to the not-so-obvious – toilet paper (you never know!). Every show you go to, update the list. Break it into sections – tack, feed, show clothes, miscellaneous.

Work out how much feed you will require and put into small bags and label. This includes vitamins and supplements. Your prize list will advise if you are required to bring your own hay and bedding (straw and shavings).

Now you are at the show. Do not unload immediately. Take time to orientate yourself. Find your stall, bed it and put out hay and water. Your horse may be anxious and if the stall is ready, you can just

pop him in and leave him to settle while you unload the remainder of your equipment and set up the tack stall. Once your horse is settled, then you can deal with him/her more easily.

Dressage Winnipeg offers warm-up rides before each show. Details about these warm up rides are outlined in the prize list. Riders are requested to wear their show numbers if taking part in the warm up. Numbers will be available at the show office. Warm-up rides are especially useful for green riders or riders on green horses. Take advantage of this opportunity.

Go to the show office and because you have filled out your forms correctly and sent in the appropriate amount of money, this will take but a few minutes. Hand over your passport, pick up your numbers and order of go and you are out of there!

If these forms haven't been filled out correctly or there is a lack of information or the wrong amount of money, then it will take time to sort it out. As everything happens at once, on the first evening, you will not only be inconveniencing yourself, but also your fellow competitors.

Back at the barn, take note of your start time, put your numbers on the saddle pad you are planning to use next day; decide when you need to braid; touch up your tack and clothes and put your horse to bed. Before you leave, make sure your tack stall is tidy and everything is in its place and that you have filled out the personal information required on your stall door in case of emergencies. Write out a timetable starting from the time you need to set your alarm right through to the time you enter the ring.

Go home – sleep well – knowing everything has been done and all you have left to do is enjoy yourself!

If at any time you require help, before, during or after the show, do not hesitate to contact anyone on the show committee or for that matter, any DW committee member. We have all been there and understand how you feel. We are there to help and encourage.

Good luck. See you at the show.



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Saturday	9:00AM - 2:00PM
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Kids Contest Rules and Regulations

1. All submissions become the property of Equine Canada.
2. Age Groups: for submissions:

Group A - 8 and under
Group B - 9 - 13
Group C - 14 - 18
3. Entries: The contest is open to any young person who is under the age of 18 years as of Jan. 1, 2008. The work must be the original work of the youth. All entrants will agree to allow the publishing of their name and locale (city/town) for publicity purposes.
4. All entries are to be sent to:

Equine Canada
Horse Week Kids Contest
2685, Queensview Drive, Suite 100
Ottawa, ON K2B 8K2

Or faxed to: (613) 248-3484

Or e-mailed to: horseweek@equinecanada.ca
- 5) A youth may enter only one submission in a category. A youth may enter more than one category.
- 6) Each entry must have a separate and completed entry form to accompany the entry.
- 7) Youth entries must be received at Equine Canada no later than Monday, June 20, 2008 to allow time for judging.
- 8) Awards: The national Youth winners will be declared and awards announced by Equine Canada on June 27th, 2008.





Kids Contest Entry Form

Name: _____

Address: _____

Email: _____

Telephone: _____

Date of Birth: _____ **Age Group:** _____

Category Entered: Essay Drawing Poetry Miscellaneous

I hereby allow this entry to become property of Equine Canada; in addition I will allow my name and locale (city/town) to be published, should I become a winner.

Parent/Guardian Signature
(If competitor is under 18)

Competitor Signature





Don't forget to **VOLUNTEER!**

When you join Dressage Winnipeg as a regular (junior, senior, family) member, you commit to DW for at least eight hours of volunteer time during the course of the year. Most people choose to volunteer at the horse shows, but other volunteer options are possible. The eight volunteer hours can be worked all at once or in variable combinations.

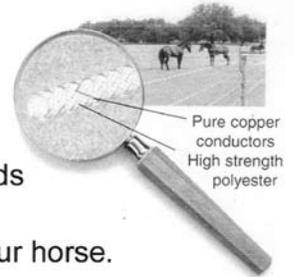
Volunteering is vital to the success of all DW shows and events. Dressage Winnipeg greatly appreciates the efforts of its volunteers.

Contact volunteer co-ordinator Ruth Hoeshen at 261-8372 for a list of volunteer tasks available during the 2008 show season.

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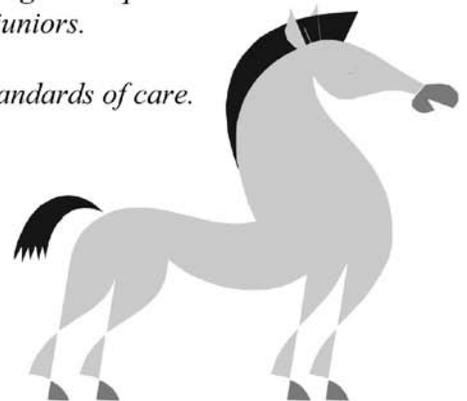
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19 January 2008

To: Dressage Winnipeg Members
From: Kathryn Young, Membership Chair

Dressage Winnipeg Archival Project

Dressage Winnipeg was founded in the 1970's by a number of dressage enthusiasts. Over the years the club has fostered the development of dressage in Winnipeg through horse shows, clinics, and dressage activities for its members. There is an historical record of Dressage Winnipeg but to date it is in the files of the current board and perhaps in the basements, storage cupboards, and attics of members. It is also in the recollections of dressage riders, judges, volunteers, owners, barn managers - such stories are a valuable resource.

The 2008 Board of Dressage Winnipeg would like to gather together as many documents, as possible (minutes of board meetings, committee reports, notice of awards, newspaper clippings ...). These will be catalogued and if they form a body of research material will be deposited in the Provincial Archives of Manitoba so that all equestrians will have access to them. Where and when possible, members of the club will be interviewed so that there can also be a memory record. If the research base is sufficient then we will try to publish a booklet or report on the history of Dressage Winnipeg.

THIS IS HOW YOU CAN HELP!

Do you have any OLD records? Would you be prepared to be interviewed about the club? Please contact: Kathryn Young, Membership Chair: tel: 284-2044, fax: 475-8847, e.mail: youngka@cc.umanitoba.ca.

Kathryn Young is an historian who while at the University of Manitoba directed two archival projects similar to the one proposed above: the compilation of the records and the subsequent publication of a booklet on the Women's Musical Club of Winnipeg, 1894-1994 and the St John's College archive, catalogued and inventoried, and now part of the University of Manitoba Archives and Special Collections.

We will be looking for: Board records (chair reports, correspondence, minutes, committee reports, show materials, photographs, awards, newspaper clippings, DW and the Manitoba Dressage Association, DW and the Canadian Equestrian Federation (CEF)....) Did you serve on the Board? If so, please contact me so that we can confirm Board membership over the years. If you have contact numbers for former members, please send them to me by e.mail or call me. Would you like to work on the project?

Thanks to all of you on behalf of the DW Board. Let's get this project on the bit and moving forward!



A big thank you

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DRESSAGE WINNIPEG

2008 MEMBERSHIP APPLICATION FORM

Name: _____ Home Ph: _____
 Address: _____ Work Ph: _____
 _____ Fax: _____
 Postal Code: _____ Date of Birth (for Juniors): _____
 Stable name & phone: _____ Email: _____

	Before 1 Feb 2008	After 1 Feb 2008
ASSOCIATE (Non-Voting, Non-Competitive)	\$20.00	\$20.00
SENIOR	\$25.00	\$35.00
JUNIOR (Not reached their 18 th birthday by Jan 1, 2008)	\$15.00	\$25.00
FAMILY	\$40.00	\$60.00

Volunteer Commitment for each Regular (Junior and Senior) and Family Member

1. Pay out now..... \$100.00 \$100.00

OR

2. Commit to volunteer for (8) hours. Include a post-dated cheque (1 October 2008) for \$ 100.00 to secure your commitment. Your *volunteer security cheque* will be shredded once you have completed your volunteer hours. If they are not completed, your cheque will be cashed. **Note: All family members must make a volunteer commitment of 8 hours or pay out \$ 100.00 each.**

Make cheques payable to DRESSAGE WINNIPEG and send them with your membership application to:

Kathryn Young 204-284-2044 (h)
 235 Yale Avenue 204-474-7379 (w)
 Winnipeg, MB youngka@cc.umanitoba.ca
 R3M 0L7

MEMBERSHIP CARDS WILL BE ISSUED ONLY ON RECEIPT OF VOLUNTEER COMMITMENT AND VOLUNTEER SECURITY CHEQUE OR PAY-OUT CHEQUE.

Note: Dressage Winnipeg will not be collecting CADORA fees in 2008. CADORA INFORMATION: www.cadora.ca.

MEMBERSHIP DETAILS

There are two categories of membership in Dressage Winnipeg: Associate and Regular. Regular members may be Junior, Senior or Family members. All Associate and Regular members enjoy the following privileges:

- Reduced member rates at Dressage Winnipeg clinics, schooling shows, and workshops.
- Newsletters and bulletins

- Regular members are eligible to compete at Dressage Winnipeg Primary and Equine Canada recognized horse shows, stand for election to the DW Board of Directors, and vote at the DW Annual General Meeting.



DRESSAGE WINNIPEG

Volunteer Commitment Sheet

The active involvement of volunteers is vital to Dressage Winnipeg so that it can offer well-run and affordable shows, events and benefits to its members. To ensure that volunteers can be counted on when needed, the volunteer portion of the regular membership in Dressage Winnipeg has proved to be an essential component.

When you join Dressage Winnipeg as a Regular (Junior, Senior or Family) member, you commit to DW for at least eight hours of volunteer time during the course of the year. Most people choose to volunteer at the horse shows, but other volunteer options are possible. The eight volunteer hours can be worked all at once or in combinations.

The Volunteer Committee will attempt to schedule you into your preferred area as indicated on your membership form. **Please contact the Volunteer Coordinator to confirm your commitment: Ruth Hoeschen at 477-3500.**

If eight hours of volunteering is not something you can work into your schedule then you can take the option of immediately paying out your \$100.00 with your membership form. Please note an 8 hour Volunteer Commitment or \$ 100.00 pay-out cheque is required for **each** Regular member (Junior or Senior) in a Family membership.

VOLUNTEER COMMITMENT

NAME _____

PHONE NO _____

E.MAIL _____

Please tick off the category or categories that suit you best. Submit with your membership application or call Ruth Hoeschen directly. THANK YOU.

2008 HORSE SHOWS	3-4 MAY 2008	14-15 JUNE 2008	19-20 JULY 2008	6-7 SEPT 2008	
Announcer					
Assist Show Secretary					
Assist Steward					
Assist Volunteer Chair					
Awards Committee					
Drive Judges (non-competitor)					
Flower Committee					
Gate Keepers					
Overnight Security					
Runner					
Scribe					
Whipper-in (directs riders from warm-up ring into show ring)					
<u>OTHER ACTIVITIES</u>					
Bingo					
Others					



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Advertising rates in Passage

Dressage Winnipeg now offers advertising for horse-related or other businesses as follows (rates effective Jan. 1, 2004):

■ **WEBSITE – WWW.DRESSAGEWINNIPEG.COM:**

Home page banner ad: \$25/month

Secondary page banner ad: \$20/month

Horse for Sale photo ad (until horse sells):

\$12 for members / \$15 for non-members

Classifieds: Free for items/horses under \$500; \$3/month for items/horses over \$500

■ **NEWSLETTER:**

(Due to improvements in the quality of the newsletter in past years, there has been an increase in our advertising rates. Note that sponsors receive complimentary advertising should they wish to place an ad in the newsletter — size is dependent on amount of the sponsorship contribution)

Full page ad: \$40/issue or \$100/yr

Half page ad: \$30/issue or \$80/yr

Quarter page ad: \$20/issue or \$60/yr

Classifieds: Free for items/horses under \$500;

\$5/issue for items/horses over \$500

Other forms of advertising such as stallion ads, coaching available, etc. can be arranged.

Please contact Kittie Wong at newsletter@dressagewinnipeg.com to book advertising. Assistance in designing your ad(s) is also available separately.